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Support to help you quit tobacco

Help to stop smoking and using tobacco (cessation) is covered for EOCCO members. This includes:

- Individual, group counseling (outpatient) and telephone calls
- Nicotine patches, gum and lozenges
- Prescriptions commonly used for quitting smoking and tobacco use, see Pharmacy Formulary on www.eooco.com/providers/pharmacy.shtml

EOCCO will pay for 10 counseling sessions every three months for intensive tobacco cessation treatment and counseling. You do not need a referral for treatment and counseling. In order for EOCCO to cover nicotine patches, gum and lozenges, they must be prescribed by your provider.

Tobacco cessation treatment and counseling does not require a referral.

Health coaching for quitting tobacco

Personalized health coaching for quitting smoking and tobacco use is available at no cost to you. Tools and services are included in the program to help you make healthy choices and take care of yourself. To contact a tobacco quit coach, call 877-277-7281 or email careprograms@modahealth.com.