



## **Projects awarded funding in 2016**

### **Eastern Oregon Healthcare Transformation Project Grants**

#### **MULTIPLE COUNTIES**

##### **Eastern Oregon Healthy Living Alliance \$49,838**

John V. Adams

This project will implement a comprehensive school-based oral health program in 11 schools, within six counties in Eastern Oregon (Baker, Grant, Harney, Malheur, Sherman, Wallowa). The project provides preventive dental services (e.g., oral hygiene and nutrition education, oral screenings, fluoride varnish applications, sealants, dental supply kits, referral for treatment) for children in grades K-8. The project will partner with community organizations, school districts, and dental providers to deliver care in the six counties. The majority of the project budget will support Project Director and Program Coordinator FTE and purchase of dental supplies. The overall goal of the project is to develop and implement a school-based program that results in a 10% reduction in the cavity rate of children in Eastern Oregon. This project will target the Dental Sealant incentive measure.

#### **BAKER COUNTY**

##### **Baker County LCAC \$34,545**

Robin Nudd

The Baker LCAC proposal will develop a community-level health promotion campaign focusing on preventive screenings. The promotion campaign will develop marketing materials to be used in three wellness promotion campaigns, and pay for the distribution of those materials to the public in the media. The incentive funds will also support clinics to implement strategies for increasing medical visits for preventive care related to these incentive measures. The project will target the SBIRT, Adolescent Well Care Visits, Colorectal Cancer Screening, and Depression Screening incentive measures.

##### **New Directions NW \$80,000**

Marji Lind

New Directions NW will expand its previous transformation grant-funded project, which placed a Qualified Mental Health Professional (QMHP) in St. Luke's EOMA and St. Alphonsus Medical Group's Valley Medical and Baker Clinics to provide care coordination for patients with mental health needs. This project will expand the position into a Community Health Worker/QMHP individual who will continue to work full time with all three FQHCs, and expand services to St. Alphonsus Hospital and the Public Health Department. This role will coordinate care for individuals with behavioral health needs and co-occurring medical conditions. Expansion will also include 2 hospital-based LCSWs to cover specialty services/higher intensity needs and a QMHP continuing work in the Chronic Pain School. The project

will target the SBIRT, Follow Up After Hospitalization for Mental Illness, Adolescent Well Care Visits, Access to Care, and the Depression Screening and Follow Up incentive measures. In the last grant cycle, the applicants established screening and referral patterns across physical and behavioral health settings, began serving patients and coordinating care, and succeeded in assisting 30% of uninsured patients presenting at the emergency room in establishing care with a medical home.

## **GILLIAM COUNTY**

### **Gilliam County LCAC \$23,514**

Teddy Fennern

The LCAC will focus on increasing behavioral health screenings in primary care and community settings and helping families engage with a PCP if they don't have one. Also, the LCAC will provide partial funding for a Community Health Worker to conduct outreach and follow up to community members. The project will target a broad array of screening and preventative health incentive measures.

### **Gilliam County Family Services \$55,000**

Teddy Fennern

Gilliam County Family Services will continue last year's transformation grant by partnering with Community Counseling Solutions to provide a counselor that will work in Condon and Arlington Schools on mental health care and preventive health care. The counselor will 'float' between schools, addressing the lack of services in area schools by working with children one-on-one and will focus on skill building, empowerment, and self-efficacy and individual respect. The project will expand on last year's effort by working with area preschoolers. The project will target the Dental Sealants, Developmental Screening, and Adolescent Well Care Visit incentive measures. Last round, the counselor worked with the Arlington and Condon school districts on the Reduce Mental Illness stigma and discrimination campaign. Also, the counselor taught a curriculum on self-esteem, anxiety, and bullying in area classrooms. The counselor saw 3,419 students, and worked with the domestic violence shelter HAVEN to develop of a curriculum on healthy relationships.

## **GRANT COUNTY**

### **Grant County LCAC \$27,421**

Sally Bartlett

The Grant County LCAC will implement two distinct projects, the first related to ensuring that EOCCO members receive recommended preventive care and the second related to SBIRT screening. For the first project, Blue Mountain Hospital will dedicate a CMA to work with EOCCO members assigned to the Strawberry Wilderness Community Clinic to ensure that the members receive their recommended health services. For the second project, Community Counseling Solutions will work with primary care clinics throughout the county to implement SBIRT for all patients. The project will target the Hospitalization for Mental Illness, Assessment for Children in DHS Custody, and Depression Screening and Follow Up incentive measures.

### **Len's Drug \$28,750**

Greg Armstrong

This project proposes to reduce the prevalence of tobacco use among EOCCO members through smoking cessation counseling sessions conducted by pharmacists who are certified as tobacco treatment specialists. The project aims to enroll 100 people into 42 weekly group support meetings and 10 monthly educational meetings. Patients from the Strawberry Wilderness Community Clinic will be

referred into their program. The project will also collect baseline lung function from participants with peak flow meters, then monitor throughout the program to track improvements in lung function. The project goal is to sustain tobacco cessation in 30% of those enrolled in the program. The project will target the Tobacco Use and Cessation incentive measure, demonstrating a potential model for addressing this measure in collaboration with pharmacy or other related programs.

## **HARNEY COUNTY**

### **Harney County LCAC \$28,386**

Ron Wulff

The Harney County LCAC will use its incentive funds to ensure that EOCCO members across the county receive recommended preventive care. To accomplish this, they will hire a coordinator to review EOCCO data and work collaboratively with community health workers from Harney District Hospital Family Care, Symmetry Care and Public Health to reach out to patients across the county to connect them with recommended preventive care services. The project will target Adolescent Well Care Visits, Effective Contraception Use, Colorectal Cancer Screening, and Timeliness of Prenatal Care incentive measures.

## **LAKE COUNTY**

### **Lake County LCAC \$28,276**

Meera Norris

The Lake LCAC will develop two programs that aim to empower women in their community. GO GIRLS (project A) is a 20-week program with 7th, 8th, 11th, and 12th graders using the “Go Grrrls Curriculum” developed at the University of Arizona. The curriculum addresses issues such as reproductive health, body image, healthy relationships, confidence, and learning how to access community resources. The Lake LCAC will modify the curriculum for the groups enrolled in the program, specifically focusing on methods to improve the SBIRT and adolescent well care screening incentive measures. Go GIRLS will recruit the program facilitators from the Education Service District: Youth Mentor Program. The Women’s Health Ambassadors program (project B) will recruit and train 10 women in the community to become health leaders. The Ambassadors will lead seven monthly peer education sessions on various topics. The project will target the SBIRT, Adolescent Well Care, Timeliness of Prenatal Care, Effective Contraceptive Use, Developmental Screening, and Adolescent Well Care Visits incentive measures.

### **Lake Health District \$19,028**

Meera Norris

Lake Health District will develop a Youth Health Advocates (YHA) Program with 11<sup>th</sup> and 12<sup>th</sup> graders to educate their peers on healthy behavior choices through classroom activities and after school events. The OSU Extension Program will train those enrolled in YHA using the “4-H Youth Advocates for Health” curriculum. Accompanied with the empowerment piece of the program will be an incentive for those who receive an adolescent well care visit after contact with the YHA Program. The project will address the SBIRT and Adolescent Well Care Visits incentive measures.

## **MALHEUR COUNTY**

### **Malheur County LCAC \$49,907**

Megan Gomeza

The Malheur LCAC will develop an administrative “hub” for the Adolescent Health Access (AHA!) program. The hub will include a project manager and a Licensed Social Worker who will supervise Community Health Workers (CHW) and enable billing for their time. The hub will also provide training and coordination of supervision and documentation. The goals of AHA! include the following: connecting students to CHW services, increasing access to health and social service providers, and conducting outreach and health promotion events to the general student population. AHA! Focuses on connecting pregnant and parenting teens to CHW services, and the program will expand their target population to students with two or more health related needs. The AHA! program will target the Adolescent Well Care Visits and PCPCH enrollment incentive measures.

The AHA! Project made 130 contacts, made 38 referrals, and had 16 intensive contacts with school-age children in Malheur County. The program also held 6 outreach events and disseminated information to more than 300 participants.

**Lifeways, Inc. \$75,000**

Megan Gomeza

In collaboration with the Malheur LCAC, this project will renew the existing Adolescent Health Access (AHA!) program at Ontario High School while expanding it throughout the county. The project will hire 1.5 FTE Community Health Workers (CHWs) who will focus on expanding existing services at Ontario High School and developing CHW services at Vale and Nyssa High Schools. The CHW will continue the program’s focus on pregnant or parenting teens, while expanding the target population to students with two or more health-related needs and conducting focus groups to inform future needs and areas of CHW focus. The goals of AHA! include the following: connecting students to CHW services, increasing access to health and social service providers, and conducting outreach and health promotion events to the general student population. The AHA! program will target the Adolescent Well Care Visits and PCPCH enrollment incentive measures.

Last year, the AHA! Project made 130 contacts, made 38 referrals, and had 16 intensive contacts with school-age children in Malheur County. The program also held 6 outreach events and disseminated information to more than 300 participants.

**Saint Alphonsus Hospital \$50,000**

Jaime Taylor

The grant will expand the ER Navigator program funded through the 2015 grant program at Saint Alphonsus Medical Center, Ontario Health Resource Center, in collaboration with Lifeways, Inc, by adding a part-time Qualified Mental Health Professional (QMHP). The QMHP will assist with mental health assessments in the emergency room and the training of primary care doctors in mental health screenings. The target population will be patients who visit the ED due to a behavioral health diagnosis and those with co-occurring chronic medical conditions and behavioral health disorders. This project will target the SBIRT, ED Visits, Follow-Up after Hospitalization for Mental Illness, and Depression Screening incentive measures. The Navigator project was run through the hospital last year and connected 550 patients to medical resources, and reduced emergency visits 63% for the 183 patients targeted by the initiative.

**MORROW COUNTY**

**Morrow County LCAC \$32,069**

Sheree Smith

The Morrow County LCAC will use its incentive funds for initiatives related to its Community Access for Resources Effectiveness (CARE) program and 2016 incentive measures. First, the Morrow County Health

District will hire a part-time care coordinator to assist three primary care clinics with ensuring its EOCCO members obtain recommended preventive care, particularly adolescent well care visits and colorectal cancer screening. The care coordinator will also focus on helping the uninsured who are Medicaid-eligible establish care in a medical home. Small amounts of funding will be provided to Community Counseling Solutions to more closely monitor clients following hospitalization for mental illness, to Columbia River Community Health Services to bring its promotoras to community events to promote developmental screening, and to the Morrow County Health Department to sponsor a community health worker training and certification for the entire CARE team. This project will target a broad array of screening and preventative health incentive metrics.

**Morrow County Health Department \$50,000**

Sheree Smith

The Morrow County Community Access for Resources Effectiveness (CARE) program, funded in the last transformation grant cycle, will expand its program by hiring a nurse care coordinator to work with the existing interdisciplinary CARE team. The nurse care coordinator will supervise case managers and system navigators and will provide health screenings and preventative care services that fall within the nursing scope of practice. The project will target SBIRT, ED Visits, Developmental Screening, Adolescent Well Care Visits, Dental Sealants, PCPCH Enrollment, Timeliness of Prenatal Care, and Depression Screening incentive measures.

Last year, the applicant developed a county-wide approach to integrated health and social service delivery to address the needs of at risk children and families. They developed the CARE team, which includes representatives of the county's physical, behavioral and public health providers, education, public safety and community supports. A universal referral process helps to alert the team to residents in need of services. The team then works to coordinate care across providers and address social determinants of health that might not be within the scope of any one provider.

**SHERMAN COUNTY**

**Sherman County LCAC \$23,587**

Commissioner Mike Smith

The Sherman County LCAC incentive funds will go toward multiple projects promoting community health. The first project relates to enabling the local clinic to obtain PCPCH certification by contracting with a vendor to provide after hours (24/7) call services for clinic patients. The second project will purchase exercise equipment for the Sherman County Wellness Center and fund free one year memberships for the first 20 who enroll. The third project involves data training in the EMR system in preparation for identifying patients with problems related to hypertension who will subsequently be referred to the Wellness Center. The project will target a broad array of screening and preventative health measures.

**UMATILLA COUNTY**

**Umatilla County LCAC \$82,629**

Juli Gregory

The Umatilla County LCAC will use its incentive funds for several projects: The first to increase outreach to teens on the importance of adolescent well care (AWC) exams, the second to further develop its transformation grant-funded care navigation program, ConneXions, and third to provide oral health and parenting education to families. The first project will send health educators into schools and start a teen-to-teen outreach program. Health Educators will also work with providers to highlight the

importance of AWC visits and help providers reach adolescents. The second project will sustain and expand the ConneXions Community Health Worker (CHW) program, with a focus on developing a toolkit to educate patients on when to access the emergency department, urgent care or primary care which will be disseminated to patients served by the ConneXions program. It will also provide case management software for ConneXions CHWs to track referrals and communicate with community partners. A sub project of this proposal will provide parenting education workshops aimed at reducing ED visits and a dental education lab in schools to increase sealants and dental health assessments. The project will target the SBIRT, ED Visits, Electronic Health Record Adoption, Adolescent Well Care Visits, Follow Up After DHS Custody, and Dental Sealants incentive measures.

**Yakima Valley Farm Workers Clinic \$40,000**

Brian Williams

This project will continue to fund a co-locating behavioral health clinician in the Mirasol Family Health Center in Hermiston. The project's target population is underserved patients who may have behavioral health disorders but utilize the primary care setting to access medical care. The goals of the project include increasing access to SBIRT and Depression screenings, improving behavioral health outcomes, and increasing patient satisfaction. The project will include improvements to data tracking and reporting capabilities using electronic medical record and reviewing progress to identify and focus on areas of improvement. This project will address the SBIRT and Depression Screening incentive measures. Last year, the project helped 1,409 patients get screened for Depression and anxiety in a 9 month span, with more than half of those patients with positive screens showing significant improvement.

**Clearview Disability Resource Center \$22,384**

Carol Umbarger

Clearview Disability Resource Center provides used durable medical equipment to individuals in their community on a loan basis without charge. Their project consists of cataloguing existing equipment inventory, refurbishing gently used durable medical equipment and cleaning, and then repairing and loaning the equipment to individuals in the community at no charge for up to three months. The project will assist patients with quickly securing affordable supplies to ensure their mobility. This project aims to obtain accreditation and will address the ED Visit incentive measure.

**Good Shepherd Health Clinic \$50,000**

Juli Gregory

This project will expand the ED Navigator and ConneXions program designed to guide patients through medical resources after emergency room discharge to St. Anthony Hospital. The Navigators will be stationed at St. Anthony's as they were at Good Shephard Health Clinic last year, working with patients with chronic health issues before discharge to come up with a plan to limit readmissions. The program also funds the ConneXions program staff to develop bilingual educational materials on ED usage and distribute those materials to the community. The project will address the ED Visits, Adolescent Well Care Visits, and Dental Sealants incentive measures.

Last year, the ConneXions program reached out to all top 50 ED utilizers, and worked actively with 33. The program handled more than 900 referrals and had 535 applicants by the middle of last year. The program achieved an 8% reduction in ED visits last year. The program developed a unified referral system with Good Shephard, Lifeways, and Umatilla County Human Services.

**Umatilla Health Department \$50,000**

Meghan DeBolt

This project will expand the Umatilla County Health Department's existing health education program to specifically address the importance of preventive health and adolescent well child exams. The Adolescent Wellness Project will hire a 1.0 FTE Health Educator who will work with community partners, including healthcare providers, to identify why adolescent EOCCO members are not receiving their adolescent well child exams. The Health Educator will also partner with the Milton-Freewater school district to teach comprehensive health education classes and begin a youth engagement program. The goal of the project is to increase the use of preventive health services and reduce the burden of chronic disease. This project will address the SBIRT and Adolescent Well Care Visits incentive measures.

## **UNION COUNTY**

### **Union County LCAC \$40,378**

Margaret Davidson

The Union County LCAC will expand the Rides to Wellness project, which provides reliable same day access to medical care for Union County residents. The funds go toward the dispatch center, along with increased advertising and outreach to make county residents aware of services. The goals of the project include the following: increase access to same day care, including urgent care and walk-in clinics; reduce the rates of missed medical appointments; reduce unnecessary use of the ED; and reduce preventable hospitalization and readmissions. The project will address the ED Visits and CAHPS -- access to care incentive measures.

### **Union County Sheriff's Office \$50,000**

Boyd Rasmussen

This project will fund a Mentor who is assigned to incarcerated offenders in the Union County jail who are about to be released. The Mentor will work with offenders in need of mental health and primary care treatment to get them into access health services, and follow up with them if they schedule appointments. The Mentor is a trained Life Coach, who works with prisoners about to exit the Union County jail to overcome life challenges upon release. The Mentor program has been in existence for a short time; however it has already had success. Over the past three months, the mentor has had over 100 encounters with inmates and has established deeper relationships with 21 inmates. This project will address the SBIRT, PCPCH Enrollment, and Depression Screening incentive measures.

### **Grande Ronde Hospital \$50,000**

Doug Romer

The project will add a Resource Navigator for Grande Ronde Hospital ED case management and discharge. The Navigator, modeled on a similar program from the 2015 round of Transformation Grants at Good Shephard Hospital in Umatilla County, will be trained as a Community Health Worker and will aim to enhance patients' resources to cope with health problems outside of an emergency room setting. The project's target population will be patients with chronic conditions at risk for readmission to the hospital and those with social or mental health needs, with plans focused on the frequent users amongst the 443 EOCCO patients the hospital saw last year. This project will address the ED Visits incentive measure. The program is modeled on Umatilla County's ConneXions program; last year, the ConneXions program reached out to all top 50 ED utilizers, and worked actively with 33. The program handled more than 900 referrals and had 535 applicants by the middle of last year. The program achieved an 8% reduction in ED visits last year. The program developed a unified referral system with area providers.

## **WALLOWA COUNTY**

**Wallowa County LCAC \$27,797**

Maria Weer

The Wallowa County LCAC will expand the “Fit Friday” program and develop a wellness campaign for adolescents, specifically related to physical fitness. Wallowa County Fit Kids is a multi-facet approach aimed to address several identified community health needs and current health care service gaps. The goals of the project include the following: increase the number of adolescents who participate in annual well visits, increase participation of those who complete the Healthy Teens survey, reduce childhood obesity, and increase opportunities for youth and parent fitness/nutrition/health and safety education. The project will address the SBIRT, developmental Screening 0-36 months, Adolescent Well Care Visits, Dental Sealants and Depression Screening and Follow-Up incentive measures.

**Wallowa Memorial Hospital \$40,000**

Dr. Kenneth Rose

This project will implement the Complete Health Improvement Program (CHIP), an 18 session education program, for the second year in a row. The CHIP program is focused on wellness and healthy eating, and it has demonstrated significant results and benefits in the management of cardiovascular disease, weight reduction, along with lower cholesterol and triglycerides levels, type 2 Diabetes, and depression by introducing and reinforcing lifestyle medicine principles. The sessions are a combination of live and video-lectures, Q &A sessions, reading assignments with a text book and work book, along with different workshops such as cooking classes, demonstrations of plant-based meals, food shopping tours, and clinical breakout sessions. The project will pilot a “CHIP for Kids” program, Wellness Coaching, a website to share advice, and group exercise classes for county residents. This project will address the Diabetes HbA1c Poor Control and Hypertension Control incentive measures.

Last year, the program enrolled 3 sessions of people. The programs recruited a population where 86% had abnormal cholesterol levels and 49% had high, very high, or dangerous levels for LDL. Program participants saw an average weight loss of 7 lbs. and an average 8.5% drop in fasting blood glucose.

**WHEELER COUNTY****Wheeler County LCAC \$23,493**

James Carlson

The Wheeler County LCAC will implement multiple health promotion initiatives. The first initiative focuses on increasing colorectal cancer screening rates and consists of mailing FIT tests to relevant patients with an incentive to return them. Second, the LCAC will contract with a coordinator to organize two school health fairs at which clinicians will provide dental sealants and perform onsite adolescent well care visits. The final project is to do quality improvement activities at Asher Community Clinic to increase SBIRT screening rates. The project will target the SBIRT, Colorectal Cancer Screening, Adolescent Well Care Visits, and Dental Sealants incentive measures.

**Asher Community Health Center \$30,000**

James Carlson

This project brings two sessions of the Complete Health Improvement Program (CHIP) to Wheeler County. The CHIP program is focused on wellness and healthy eating, and it has demonstrated significant results and benefits in the management of cardiovascular disease, weight reduction, along with lower cholesterol and triglycerides levels, type 2 Diabetes, and depression by introducing and reinforcing lifestyle medicine principles. The sessions are a combination of live and video-lectures, Q &A sessions, reading assignments with a text book and work book, along with different workshops such as cooking classes, demonstrations of plant-based meals, food shopping tours, and clinical breakout



sessions. OSU Extension Snap Education will supplement the project with additional curricula focused on low income adults and their families. This project will address the Diabetes HbA1c Poor Control and Hypertension Control incentive measures.