



Yoga for EOCCO members with conditions of the Back and Spine FAQ's

- **Is Yoga or Yoga Therapy covered?**
Yoga services are covered for the treatment of back and spine pain, as defined by the [Health Evidence Review Commission \(HERC\)](#).
- **How do members get Yoga services?**
A provider must submit an authorization request for yoga services. Authorization guidelines will follow the standard back pain authorization grid explained at http://eoocco.com/pdfs/EOCCO_Back_Pain_Grid.pdf.
- **Who can submit an authorization for Yoga services?**
Authorization can be submitted by any rehab specialist (PTT/OT/CBT/OMT/CH/ACC), specialists or by the members assigned PCP.
- **Are referrals required to see a Yoga instructor?**
No, referrals are not required.
- **How many visits will be covered?**
Initially, up to 4 visits will be authorized. The number of subsequent services allowed will be determined upon review of further authorization requests.
- **Do Yoga instructors need to be DMAP registered/certified?**
Since Yoga instructors are non-accredited providers, they can't be DMAP registered/certified.
- **How do I get reimbursed for Yoga services?**
Yoga instructors need to reach an agreement with a contracted clinic/provider and the services will then need to be billed by a provider who has been arranged to be responsible and who is eligible to bill EOCCO.
- **What is the Procedure code(s) that is covered and the reimbursement rate for this service?**
The Procedure Code is S9451 and is reimbursed at \$12.29 per session, based on the 1/1/2003 DMAP fee schedule.
- **If I charge a higher rate than what EOCCO reimburses, can I bill the member the difference?**
No, EOCCO members cannot be balance billed.
- **Can the clinic/entity that bills on my behalf reimburse me for the difference between my standard rate and EOCCO's rate?**
Yes. Since the agreement is between you and clinic, you can discuss with them any reimbursement other than what is paid by EOCCO.