

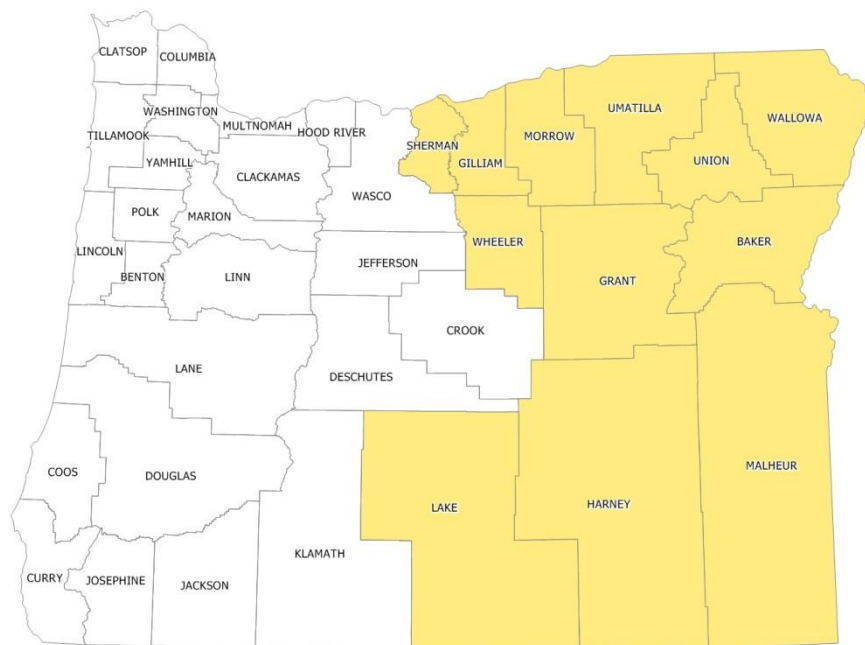
Community Advisory Council Health Assessment Lake County - 2013

Background, Community Engagement, and Areas of Focus

Background

In 2010, the Affordable Care Act was signed into law with the goal of making health care more effective and efficient. The law strives to achieve the “Triple Aim” of better health, better quality and lower costs. The State of Oregon applied for a Medicaid Waiver to implement its own plan to achieve the Triple Aim. This plan includes using Coordinated Care Organizations (CCOs) as the vehicle to deliver better care and lower cost. In addition, Health Exchanges will facilitate the goal of offering more health care coverage to people who currently do not have any.

The Eastern Oregon Coordinated Care Organization (EOCCO) includes the following counties; Baker, Gilliam, Grant, Harney, Lake, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, and Wheeler.



Map provided by Oregon Office of Rural Health

Community Advisory Council's (CACs) were formed in each county to accomplish transformation goals; they organized themselves in a way that allows them to work effectively and strategically. CACs identified the resources and activities communities need to achieve intended results.

Every community is different, but there are similarities in the process by which communities mobilize to affect change. Leadership, Assessment, Planning, Implementation, and Evaluation are critical phases of change.

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Local Community Advisory Council Membership

The primary charge of each LCAC is to advocate for preventive care practices, to oversee and collaborate with community partners on a Community Needs Assessment, and to develop, implement and report on a Community Health Improvement Plan.

CAC Members currently serving Lake County:

Charlie Tveit- Chairperson	Mary Wilkie
Ken Kestner- County Commissioner	Mike Newcombe
John Adams-CAC Coordinator	Pat Widenoja
Anne Kasbohm	Ray Simms
Barbara Vandenberg	Sarah Cano-Bunten
Ben Paz	Chrystal Johnson
Charissa Kucera	Brianna McCoy
Dala Pardue	Sherry Chamberlain
Deb Diment	Tallulah Chiono
Glenna Wade	Vicki Taylor
Jake Greer	Rachel Klippenstein
Marietta Lamas	Christina Ackerman
David Kerr	Debbie Utley
Desiree Chavez	

Quantitative Data Collection

EOCCO Community Advisory Councils conducted a Community Health Assessment by collaborating with the Oregon Health Authority Office of Equity and Inclusion to develop meaningful baseline data on health disparities.

Each CAC partnered with local public health authority, local mental health authority and hospital systems to develop a shared Community Health Assessment process. Existing county resources were used from community partners when available.

In reviewing the data sets below it should be noted that the death rates are not age-adjusted and thus populations with a greater elderly population will have higher rates. Also, in small populations' data that is expressed as a rate where the time period under consideration is only one year one or two cases may skew the data/rate inordinately.

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OHA Required Data Elements for CCOs	Statewide:	Baker	Gilliam	Grant	Harney	Lake	Malheur	Morrow	Sherman	Umatilla	Union	Wallowa	Wheeler
Age PSU 2012													
Total	3,899,801	16,210	1,900	7,450	7,315	7,920	31,395	11,300	1,765	77,120	26,175	7,015	1,425
Ages 0 - 17	861,856	3,252	351	1,362	1,601	1,473	7,927	3,125	348	20,397	5,956	1,356	260
Ages 18 - 64	2,456,875	9,183	1,095	4,147	4,224	4,727	18,533	6,630	1,012	46,434	15,548	3,904	736
Ages 65+	581,070	3,775	454	1,941	1,490	1,720	4,934	1,545	405	10,289	4,671	1,756	429
Race 2007-2011 ACS													
White	87.6%	96%	92.8%	95.2%	92.9%	92.1%	81.1%	88.0%	95.9%	87.4%	94.0%	96.3%	96.7%
African American / Black	1.7%	0.4%	0.3%	0.4%	0.4%	0.6%	1.4%	0.2%	0.2%	0.6%	0.4%	0.2%	0.0%
American Indian	1%	1.1%	0.2%	1.0%	2.9%	2.0%	0.8%	0.7%	0.4%	2.2%	0.4%	0.4%	0.4%
Asian *	3.9%	0.4%	0.3%	0.2%	1.0%	0.5%	1.1%	0.9%	0.2%	0.9%	0.8%	0.2%	0.0%
Pacific Islander		0.0%	0.2%	0.0%	0.1%	0.2%	0.2%	0.1%	0.0%	0.1%	0.1%	0.6%	0.0%
Other	1%	0.3%	4.5%	0.3%	0.3%	1.4%	10.0%	6.1%	1.2%	4.2%	0.8%	0.5%	0.9%
2 or More	2.8%	1.9%	1.7%	2.9%	2.3%	3.3%	5.4%	4.0%	2.3%	4.6%	2.8%	1.9%	2.0%
Ethnicity Hispanic 2007-2011 ACS	11.5%	3.3%	8.3%	2.6%	3.8%	6.4%	30.9%	30.6%	5.8%	23.0%	3.5%	2.2%	1.2%
Language 2007-2011 ACS speak English less than "very well"	6.4%	1.4%	2.3%	0.7%	0.7%	2.0%	10.1%	13.9%	3.1%	8.1%	2.5%	0.7%	0.9%
Gender 2007-2011 ACS (F / Female; M/Male)	49.3% F	50.7% M	54.3% M	49.3% M	51.6% M	52.5% M	54.6% M	50.9% M	50.5% M	52% M	49.1% M	50% M	47.4% M
Lesbian, Gay, and Bi-sexual population	State rate = 4.5% ; EOCCO counties combined = 1.6%												
Family size 2007-2011 ACS	3.02	2.66	2.6	2.63	2.6	2.6	3.25	3.35	2.78	3.2	2.85	2.86	2.55
Disability status (N/A more recent than 2000 Census)	28.8%	27.0%	28.7%	21.6%	20.6%	26.7%	21.0%	23.2%	28.7%	21.0%	26.9%	21.2%	N/A
Employment 2012 OR Employment Dept unemployed	8.7%	10%	7.4%	13.4%	12.6%	12.8%	9.8%	8.2%	8.4%	8.4%	9.2%	10.2%	7.6%
Households Homeless Renters	N/A	4	8	N/A	3	31	31	5	N/A	107	20	0	1
	36.9%	30.80%	37.0%	29.2%	34.8%	33.9%	34.3%	28.2%	33.5%	35.6%	34.8%	25.1%	26.1%
Overall health Good, Very Good, or Excellent BRFSS 2006-2009	86.9%	85.5%	77.7%	87.0%	83.6%	91.4%	83.8%	85.7%	77.7%	82.7%	87.0%	88.8%	79.2%
Tobacco use Smoking BRFSS 2006-2009	17.1%	20.0%	22.8%	24.4%	14.3%	19.9%	22.0%	23.0%	22.8%	24.2%	14.0%	13.0%	S
Tobacco use Smokeless BRFSS 2006-2009 by males	6.3%	18.3%	8.4%	30.3%	28.7%	S	23.5%	19.6%	8.4%	13.3%	20.9%	19.0%	S
Obesity BRFSS 2006-2009	24.5%	22.3%	31%	27.9%	22.8%	19%	33%	36.0%	31%	36.0%	23%	19.5%	S
Heart disease 2007-2011 Death Rate per 100,000	163.1	272.8	237.8	231.8	230.9	176.8	237.3	118.0	251.7	161.3	177.2	235.6	345.8
Stroke 2007-2011 Death Rate per 100,000	47.9	63.5	54.1	62	62.5	80.8	62	39.3	22.9	50.4	62.6	62.5	55.3
Intentional injuries	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Unintentional injuries 2007-2011 Death Rate per 100,000	41.9	78.5	21.6	56.6	84.2	68.2	44.8	42.9	68.6	44.7	45.8	59.6	69.2
Suicide 2007-2011 Death Rate per 100,000	16.2	31.1	43.2	24.3	21.7	30.3	14.1	10.7	11.4	17.7	19.1	17	41.5
Prescription drug abuse (no county specific data)													
Mental health conditions Good BRFSS 2006-2009	66.4	72.1%	66.8%	66.9%	75.9%	79.0%	81.3%	74.8%	66.8%	71.6%	63.9%	77.9%	95.7%

* Statewide lists as "Asian / Pacific Islander" and county specific data lists two group = "Asian" and "Pacific Islander."

S - Suppressed Data

Bold = County rate is higher than statewide rate (or lower if a higher rate is more positive)

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	Statewide	Baker	Gilliam	Grant	Harney	Lake	Malheur	Morrow	Sherman	Umatilla	Union	Wallowa	Wheeler
<u>EOCCO Specific Data:</u>													
% of population without high school diploma 2007-2011 ACS	11.1%	11.6%	13.2%	11.0%	11.2%	12.8%	20.4%	22.9%	9.6%	18.2%	11.0%	7.3%	12.6%
% single parents 2007-2011 ACS	30.4%	31.5%	34.5%	33.3%	30.9%	29.8%	31.6%	33.2%	26.0%	32.4%	31.2%	35.1%	48.9%
% elderly poverty (Age data only 18 or less)													
% of population in poverty 2011 Small Area Income and Poverty	17.3%	20%	11.8%	17.2%	18.6%	20.6%	24.5%	16.1%	15.0%	17.7%	15.8%	16%	20.1%
Binge Drinking (BRFSS data)													
Male	18.7%	11.1%	17.0%	S	S	13.6%	S	S	17.0%	17.5%	S	28.5%	S
Female	10.8%	9.6%	4.3%	26.6%	S	S	10.2%	18.6%	4.3%	6.6%	5.6%	43.1%	S
Heavy Drinking (BRFSS data)													
Male	5.4%	S	S	S	S	S	S	S	S	S	S	S	S
Female	6.1%	5.9%	S	10.5%	S	S	S	S	S	2.6%	4.8%	17.8%	S
Physical activity levels (BRFSS data) Met CDC recommendations	55.8%	42.3%	57%	57%	54%	60%	57%	52%	57%	60%	50%	44%	S
DUI Rates Arrests 2009 Criminal Justice Commission per 100,000	506	389 **	1,014	896.8	1007	750.6	474	488.2	669.6	578.6	473	212.9	345.5
% of population without personal transportation 2007-2011 ACS	7.7%	5.8%	5.3%	6.4%	6.6%	4%	6.4%	6.1%	2.2%	6.1%	7.4%	5.1%	1.5%
% of population without access to phone 2007-2010 ACS	2.9%	4.2%	1.9%	2.3%	3.8%	4.4%	2.7%	3.0%	1.3%	3.0%	3.1%	2.1%	1.0%
<u>EOCCO Specific Data which relates to youth and potentially the Early Learning Councils</u>													
% of population under age 18 PSU 2012	22.3%	20.1%	18.5%	18.3%	21.9%	18.6%	25.2%	27.7%	19.7%	26.4%	22.8%	19.3%	18.3%
% of births to mothers younger than 18 2010 OHA	2.2%	1.8%	4.8%	n/a	3.4%	1.4%	4.4%	1.8%	n/a	3.6%	2.5%	1.6%	n/a
low birth weight infants 2010 OHA per 1000 births	63	67.1	n/a	50.8	90.9	114.3	56.6	49.1	n/a	63.2	85.4	16.4	133.3
% of mothers receiving inadequate prenatal care 2010 OHA	5.5%	5.5%	4.8%	8.5%	6.0%	7.2%	12.8%	13.5%	6.2%	9.7%	9.6%	3.4%	n/a
% premature births (Not recorded by OHA)													
% of women experiencing abuse before or during pregnancy													
Infant mortality rate (HIPPA issue?) 2009 OHA per 1000 births	4.8	32.7	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.0	12.7	n/a	n/a
Maternal Depression/Prenatal Depression Rates													
Child Maltreatment Rates Abuse DHS 2011 per 1000 under 18	13.4	24.1	60	11.4	12.3	25.4	19.4	16.5	n/a	9.3	22.5	14.9	53.1
% of schools meeting physical education standards (as measure of child access to physical activity)													
# or % of children on school lunch program (potential measure of food insecurity) 2011-2012 School Year	51.7%	42.8%	32.6%	58.4%	59.7%	50.4%	69.8%	71.4%	52.4%	62.9%	53.3%	37.5%	48.5%
% of children attending preschool prior to entering kindergarten													
% of children screened with a developmental tool (by 36 months of age)													
% of children current with immunizations by age 3	66.6%	72.3%	68.7%	62.3%	53.4%	53.8%	61.8%	68.1%	68.7%	58.0%	63.7%	57.9%	S

* 2008 rate

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S = Suppressed Data

Bold = County rate is higher than statewide rate (or lower if a higher rate is more positive)

Community Engagement Process

Community Advisory Councils used qualitative assessments to explore values, perceptions, and the “why” behind the “what” of community members. These assessments do not strive for a statistical sampling. Rather they reach for the reason behind the numbers generated from the quantitative assessments such as surveys, vital statistics and behavioral risk factor studies.

Qualitative assessments help the assessment process to determine the distance between what the statistics show as a community need and what the community perceives as a need. The Lake County CAC merged with the Community Health Improvement Partnership (CHIP) to conduct a Community Health Needs Assessment which included community engagement techniques in the form of a Household Mail-out Survey, and Community-Wide Participation Meetings. Summarized results from these assessments are included in this report.

Health Assessment Mail-Out Survey

The household mail-out survey is an assessment tool with the greatest potential for accurately determining and measuring “what” or “how” a population is thinking, feeling, behaving, regarding a specific issue or set of issues. Each local Community Advisory Council wanted to ensure a diverse representation of community members in their qualitative data collection. In total, 3,098 community members in nine rural counties participated in the survey and are representative of each respective county in terms of geography, age, and race / ethnicity. Typically more females than males responded to the survey.

The table at the end of this report provides an overview of survey findings. The goal was to identify community members’ perceptions of the most pressing community health issues. In summary, the primary concerns in *each* of the respective counties are obesity and alcohol and other substance use / abuse. Domestic violence and child abuse were also noted among half of the counties as either primary or secondary community health concerns. Respondents also reported problems related to access to health care in rural Oregon.

There is a particular nuance within the behavioral health data that warrants further investigation. While 20 percent to 40 percent of respondents reported being bothered by little interest in doing things and by feeling down or depressed, less than 12 percent reported needing treatment for mental health issues (or substance use). This difference indicates that respondents were more likely to experience feeling emotionally “down” or depressed but less likely to seek help for these feelings; or to believe their distress needed attention. These data seem even more significant when compared to other health needs. For example, over 80 percent of all respondents received needed medical care and between 43 percent and 94 percent received the dental care they needed.

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The Community-Wide Participation Meeting

The Community-Wide Participation Meeting allows members of the community to freely voice their concerns and satisfaction with the local health care system. The meeting provides an opportunity to express their perceptions about community health issues. Most importantly, it also invites community members to share their hopes for local health care – their vision. This assessment is a modified version of the nominal group technique. The Participation Meeting helps create a vision of what can change to make the community a healthier place.

The results of the participation meeting tell us three things; **1) what residents like about the current local health care delivery system. 2) what the community does not like about the current local health care delivery system 3) what the community thinks can be done to make their community healthier.**

Lake County CHIP/CAC members held two Community-Wide Participation (Vision) Meetings in September, 2013.

Following are the top 10 issues as voted upon by sticker placement from meeting participants:

Priority Issues - Lake Health District - Lakeview - 70 participants

Year-round fitness facility for all ages - 30 votes

Assisted living - 24 votes

Urgent care - 21 votes

Better community support at the Senior Center - 19 votes

More dentists - 16 votes

More jobs – 15 votes

Community shuttle for medical services – 14 votes

Walk in clinic with pharmacy – 11 votes

Senior care – better coordination of services – 9 votes

Improve communication about available services – 9 votes

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Priority Issues - North Lake Clinic – Christmas Valley – 43 participants

- Open CCO enrollment, see any provider - 19 votes
- Improve EMT funding - 18 votes
- More dental services for everyone - 17 votes
- Pharmacy - 14 votes
- More resources for health education from early age and on - 12 votes
- Full-time doctor, MD – 10 votes
- Senior outreach and support staff – 9 votes
- Learn from other communities – 9 votes
- Full-time mental health provider – 8 votes
- Home health – 8 votes

LAKE COUNTY SUMMARY

Partners

Presently, there are 26 members who have been appointed by the County Commissioners to the CAC. Members who have participated in at least 4 or more meetings include:

Lakeview community member, Anne Kasbohm	Warner Mountain Medical Clinic, Marietta Lamas
Lakeview Center for Change, Barbara Vandenberg	Lake County Public Health, Mary Wilkie
Lake County Mental Health, Ben Paz North Lake Clinic, Charissa Kucera	Lakeview Ministries/Ministerial Association, Mike Newcombe
Lake Health District, Charlie Tveit	North Lake Clinic, Pat Widenoja
Warner Mountain Medical Clinic, Dala Pardue	Town of Lakeview, Ray Simms
North Lake School, Deb Diment	Southern Oregon Goodwill, Sarah Cano-Bunten
Lake County EMS, Glenna Wade	Lake County ESD, Sara Sarensen/Brianna McCoy
Lake County Community Corrections, Jake Greer	North Lake community member, Sherry Chamberlain
Lake County Commissioners, Ken Kestner	Lake County Chamber of Commerce, Tallulah Chiono
Lake County Crisis Center, Rachel Klippenstein	Lake County Head Start, Vicki Taylor

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Priority Needs

Once all the data was compiled, the top 10 “Focus Areas” were identified through a triangulation process.

A Forced Choice Matrix was used to help identify the top 4 health priorities, including:

- 1. Senior Services 2. Dental 3. Mental Health 4. Physical Activity**

Following are the four health needs and the direct links between the data and the health needs:

Senior Services

Data Source	Data/ Key Findings
Demographics Presentation	Lakeview – 25.9% of population is 65+North Lake – 18.7% of population is 65+
Lakeview Visioning Meeting	Assisted living - 24 votes
Lakeview Visioning Meeting	Better community support at the Senior Center - 19 votes
North Lake Visioning Meeting	Senior outreach and support staff – 9 votes

Dental

Data Source	Data/ Key Findings
Lakeview Visioning Meeting	Need More Dentists received 16 votes
North Lake Visioning Meeting	More Dental Services received 17 votes
Health Status Presentation	49.9% are without dental insurance
North Lake Survey	56.4% did not get all the dental care they needed
South Lake Survey	20.5% did not get all the dental care they needed

Mental Health

Data Source	Data/ Key Findings
North Lake Visioning Meeting	Full-time mental health provider – 8 votes
South Lake Survey	Over the past 2 weeks, how often have you been bothered by little interest or pleasure in doing things? Several days: 19%; More than half the days: 4.1%; Nearly every day: 6.6%
South Lake Survey	Over the past 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless? Several days: 17.2%; More than half the days: 3.4%; Nearly every day: 3.9%
South Lake Survey	17.7% report they have told by a doctor or other health professional that you have depression or anxiety
North Lake Survey	Over the past 2 weeks, how often have you been bothered by little interest or pleasure in doing things? Several days: 21.9%; More than half the days: 8.8%; Nearly every day: 9.5%
North Lake Survey	Over the past 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless? Several days: 22.8%; More than half the days: 5.9%; Nearly every day: 2.9%
North Lake Survey	12.2% report they have told by a doctor or other health professional that they have depression or anxiety

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Physical Activity

Data Source	Data/ Key Findings
Lakeview Visioning Mtg.	Year-round fitness facility for all ages - 30 votes
South Lake Survey	37.1% report they have told by a doctor or other health professional that they have high blood pressure
South Lake Survey	26% report they have told by a doctor or other health professional that they have high cholesterol
South Lake Survey	14.3% report they have told by a doctor or other health professional that they have diabetes
South Lake Survey	18.8% stated obesity is the most important health concern the community is facing today. 17.6% said it was the second most important
North Lake Survey	51.8% report they have told by a doctor or other health professional that they have high blood pressure
North Lake Survey	44.6% report they have told by a doctor or other health professional that they have high cholesterol
North Lake Survey	22.3% report they have told by a doctor or other health professional that they have diabetes
Health Status Presentation	41.3% are Overweight, 18.8% are obese
Health Status Presentation	45.1% of adults have high cholesterol

Data Sources:

Primary Data Sources

- “2013 Lake County Community Health Needs Survey”. Conducted by the Office of Rural Health under the direction of the Lake County CAC. Mailed in July 2013.
- “Keeping Healthcare Local” community meetings, organized in Lakeview, Paisley, and Christmas Valley in September and October 2013 and conducted by ORH, LHD, and the EOCCO.
- “Provider Need and Shortage Analysis”. Physician and practitioner survey conducted by LHD and ORH in July and August 2013 and presented to the CAC in August 2013.

Secondary Data Sources

Nielsen 2012; 2007-2011 American Community Survey, 2003 OMA Physician; Workforce Assessment, OR Dept. of Ed., Oregon Department of Corrections, Oregon Health Plan, Oregon Employment Department, Oregon Employment Dept. @ www.olmis.org; 2010 Census Small Area Health Insurance Est., 2011 Oregon Health Insurance Survey, Division of Medical Assistance Programs, Adult and Family Services; OR Dept. of Human Services, Status of Children in OR; Vital Statistics: Health Division; 2004-2007, 2006-2009 BRFSS; OR Criminal Justice Commission; CompData (1/1/2012 – 12/31/2012), CDC; 2007 National Hospital Discharge Survey, National Health Statistics Reports *No 29*, Oct. 26, 2010, Health Affairs (Mar/Apr 2001) National Health Statistic Reports Number 11 Sept. 4, 2009, Ambulatory Surgery in the United States, 2006.

Survey Summary:

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
1. What is your health insurance status? (Top cited)	Medicare – 36%	Medicare – 45%	Employer or family member’s employer – 42.6%	Medicare – 36%	Medicare – 34.6%	Medicare – 45%	Medicare – 39.9%	Employer or family member’s employer – 37.4%	Employer or family member’s employer – 42.9%	Medicare – 42.9%	Medicare – 48.7%
2. Do you have one person you think of as your personal doctor or health care provider? (percent Yes)	80%	85%	83%	70.9%	88.7%	82.7%	83%	82%	83%	92%	82%
3. Thinking about the last six months, was there a time when you or someone in your household needed medical care? (Yes)	80%	79%	81%	78%	76%	76.8%	83%	81%	84%	81%	82%
4. If you or someone in your household needed care in the last six months, did they get all the care they needed? (Yes)	84%	85%	92%	79.3%	85%	80%	86%	91%	85%	80%	89%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
5. Thinking of the most recent time within the last 6 months you or someone in your household went without needed care, what were the main reasons? Mark all that apply? (Top Reason)	It costs too much – 36%	It costs too much – 34%	It costs too much -32.7%	It costs too much – 27.3%	Couldn't get appointment – 31.5%	It costs too much – 35.8%	It costs too much – 16.4%	It costs too much – 40.9%	It costs too much – 15.1%	It costs too much – 39.6%	It costs too much – 33.3%
6. Thinking about the last six month, was there a time when you or someone in your household needed dental care? (Yes)	74%	67%	75%	74%	71.2%	69%	65%	76%	80%	77%	69%
7. If you or someone in your household needed dental care in the last six months, did they get all the care they needed? (Yes)	70%	68%	81%	69%	80%	43.6%	94%	73%	73%	68%	73%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
8. Thinking about the last six months, was there a time when you or someone in your household needed prescription medications? (Yes)	88%	87%	89%	87%	86%	79%	94%	88%	91%	89%	86%
9. If you or someone in your household needed prescription medications in the last six months, did they get all the medications they needed? (Yes)	92%	93%	95%	92%	93%	88%	88%	94%	88%	82%	92%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
10. Thinking about the last six months, was there a time when you or someone in your household needed treatment for mental health or substance use? (Yes)	7%	9%	7%	7%	5.1%	11%	11%	6%	8%	7%	4%
11. If you or someone in your household needed mental health or substance use treatment in the last six months, did they get all the help they needed? (Yes)	55%	48%	27%	51.5%	70%	63.2%	44%	44%	81%	50%	27%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
12. If you regularly seek care outside of your county, what are the main reasons why? (Top cited)	Needed care that I can't get locally – 45.5%	Needed care that I can't get locally – 36.5%	Needed care that I can't get locally – 49.6%	Needed care that I can't get locally – 43%	Needed care that I can't get locally – 39.8%	Needed care that I can't get locally – 35.3%	Needed care that I can't get locally – 31.4%	Needed care that I can't get locally – 53.8%	Needed care that I can't get locally – 32.8%	Needed care that I can't get locally – 41.8%	Needed care that I can't get locally – 44.6%
13. Have you ever been told by a doctor or other health professional that you have any of the following? (Top Three Answers)	High blood pressure – 25.2% High cholesterol- 21.5% Arthritis – 14.2%	Arthritis -44% High Blood pressure - 43.5% High choleste rol - 36.5%	High cholesterol – 41.6% High blood pressure – 38.3% Arthritis – 24.4%	High blood pressure – 35.5% High cholesterol – 29.8% Diabetes – 11%	High blood pressure – 16.9% Arthritis – 15.8% Vision – 14%	High blood pressure – 17.3% High cholesterol – 14.9% Arthritis – 13.3%	Arthritis – 33.4% High cholesterol – 29.7% Depressed or anxiety – 20.5%	High cholesterol – 39% Arthritis – 37.9% High blood pressure – 32.3%	High blood pressure – 34% Arthritis – 30.1% High cholesterol – 27.4%	High blood pressure – 45.5% Arthritis – 41.1% High cholesterol – 29.3%	High blood pressure – 58.3% Arthritis – 44.7% High cholesterol – 44.7%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
14. Over the past 2 weeks, how often have you been bothered by little interest or pleasure in doing things? (Yes – several days, more than half or every day total)	28%	29%	25%	25%	30%	40.1%	33%	27%	29%	32%	31%
15. Over the past 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless? (Yes – several days, more than half or every day total)	26%	27%	23%	24%	25%	32%	30%	20%	28%	31%	30%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South)	Lake (North)	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
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					N=421	N= 143						
16. Does a physical, mental, or emotional problem now limit your ability to work or perform routine tasks? (Yes)	22%	25%	14%	18%	25%	37%	28%	18%	19%	22%	24%	
17. In the last 12 months, how often have you or members of your household ever cut the size of meals or skipped meals because there wasn't enough money for food? (Yes – Sometimes or Often)	14.5%	18%	8%	12%	16.3%	18.6%	21%	9%	15%	20%	12%	

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	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
18. In the last 12 months how often have you been worried that your food would run out before you got money to buy more? (Yes – Sometimes or Often)	18.2%	21%	10%	16%	19%	23%	26%	14%	26%	24%	16%
19. In the last 12 months, were you or other members of your household unable to pay your rent, mortgage, or utility bills? (Yes)	9%	11%	5%	3.2%	12%	18%	18%	8%	13%	11%	5%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North)	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
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						N= 143					
20. In the last 12 months, how often did you have a difficult time accessing transportation when you needed it? (Yes – Sometimes or Often)	10%	11%	11%	9.3%	11.3%	16%	13%	8%	9%	8%	11%
21. Which of the following would you say is the most important health concern our community is facing today? (Top Three)	Alcohol – 23%	Obesity - 29.3%	Obesity – 24.4%	Alcohol or drug use – 45.2%	Alcohol or drug use – 48.1%	Alcohol or drug use – 31.3%	Obesity – 31.1%	Substance or drug use / abuse – 22.1%	Obesity – 33.6%	Obesity – 25%	Obesity – 29.3%
	Obesity – 20%	Substance or drug use / abuse - 24%	Lack of recreational facilities – 20.1%	Obesity – 16.9%	Obesity – 20.5%	Obesity – 14.9%	Substance or drug use / abuse – 28%	Obesity – 21.5%	Substance or drug use / abuse – 26.6%	Substance or drug use / abuse – 17.1%	Substance or drug use / abuse – 17.3%
	Substance or drug use – 10.3%	Domestic violence – child abuse / neglect - 21.1%	Substance or drug use / abuse – 19.1%	Lack of access to good health care – 13.3%	Lack of recreational facilities – 7.1%	Lack of access to good health care – 13.4%	Domestic violence – child abuse / neglect – 24.9%	Alcohol use – 15.9%	Domestic violence – child abuse / neglect – 17.4%	Lack of recreational facilities – 15.7%	Tobacco use – 10.7%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
22. Which	Obesity –	Substance	Substance or	Alcohol or	Alcohol or	Alcohol or	Substance	Substance	Substance or	Alcohol	Alcohol use –

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of the following would you say is the second most important health concern our community is facing today? (Top Three)	13% Lack of recreational facility – 12% Alcohol or drug use – 10%	or drug use / abuse - 19% Obesity - 11.2% Alcohol use - 9.5%	drug use / abuse – 14.4% Alcohol use – 10.5% Lack of recreational facilities – 10%	drug use – 25% Domestic violence – 15.9% Obesity – 13.7%	drug use – 22% Obesity – 18.9% Domestic violence or child abuse/neglect – 14.1%	drug use – 23.4% Domestic violence or child abuse/neglect – 12.5% Lack of access to good health care – 11.7	or drug use / abuse – 23.5% Child abuse / neglect – 9.6% Lack of access to good health care – 8.2%	abuse or drug use / abuse – 18.5% Alcohol use – 16.9% Obesity – 12.3%	drug use / abuse – 22% Child abuse / neglect – 12.4% Obesity – 10.8%	use – 14.3% Obesity – 13.6% Substance or drug use / abuse – 13.6%	21.3% Substance or drug use / abuse – 14% Obesity – 12%
23. If you could do one thing to improve our community's access to health care, what would it be? (Top cited)	More primary care providers – 35.8%	More specialists - 14.9%	Expanded hours for outpatient services – 24.9%	More primary care providers – 37.7%	More primary care providers – 38.5%	More primary care providers – 38.8%	More primary care providers – 21.8%	More primary care providers – 28.2%	More primary care providers – 18.9%	More specialists – 18.6%	More primary care providers – 23.3%

	Totals N=3,098	Baker N=242	Gilliam N=209	Grant N=1,041	Lake (South) N=421	Lake (North) N= 143	Malheur N=298	Sherman N=195	Union N=259	Wallowa N=140	Wheeler N=150
24. What would be the best way for	Mail – 51.4%	Mail - 49.6%	Mail – 48.3%	Mail – 47.5%	Mail – 46%	Mail – 66%	Mail – 53.6%	Mail – 61.5%	Mail – 48.6%	Mail – 47.9%	Mail – 58%

you to receive health education information about resources and programs that are available in our community? (Top cited)											
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