



# 2016 Community Health Improvement Plan (CHIP) Update for Union County Local Community Advisory Council (LCAC)

## Priority Issue:

### Social determinants of health

Housing

Transportation

Food Security

### Chronic Disease management

## Problem to be solved:

People's health is influenced by their circumstances and their environment. Social determinants of health such as poverty, stigma, and access to services are all underlying contributors to health inequities. Greater disadvantages with social determinants of health are associated with poorer health and chronic conditions. Housing, transportation and food security are three areas that the LCAC would like to explore to positively impact the examples of social determinants used above.

**Measurement (When and who will do the work):** The LCAC will be reviewing specific OHA Incentive Measures and local data to understand the links between social determinants of health and health outcomes. The LCAC will work with the EOCCO and the Oregon Office of Equity and Inclusion in reviewing data, existing health disparities and health trends.

## Goals:

Improve the health of our community by identifying, understanding and addressing social determinants of health.

Engage in community efforts to address poverty through training in the community and with providers.

The LCAC will build and strengthen partnerships with community organizations that advocate, educate and work to improve meeting the needs of targeted populations.

LCAC members will share information about the LCAC with partner agencies. The LCAC will also invite partners to attend and present information about available programs and supports to the group.

Use available data and information resources to increase awareness of the impact of specific social determinants of health on the progress that is being made (or not being made) with OHA Incentive Measures.

**Objectives:**

**Community Health Improvement**-LCAC members will partner with each other and additional service providers to :

Identify various efforts in the community that provide supportive services for food security, safe housing and transportation.

Work to align various programs and efforts in the community.

Support the use of Tradition Health Workers in the community.

The LCAC will continue to recruit new LCAC members and will do targeted outreach to specific groups such as: members of the Oregon Health Plan, veterans, parents of children with special needs and others.

The LCAC will review existing member engagement materials (from the Oregon Health Authority Transformation Center and other LCACs). The group will also create their own materials and continue to do outreach in the community.

**Incentive Measure Improvement**

Review OHA Incentive Measure performance.

Tracking and evaluating.

Support EOCCO Incentive and Transformation projects.

**Budget Needed:**

\$20,000 for community- wide trainings, focus groups, and grant writing.

**Priority Issue:**

**Women’s maternal health**

Preconception, prenatal, interconception and post-natal care

Oral health care for pregnant women and children 0-5

**Problem to be solved:**

Maternal health care, including preconception care, prenatal care, interconception care and post-natal care are important services for the health of mothers and their children. During maternal health care visits health care providers (and service partners) monitor the health of mothers and babies, as well as educate mothers on health areas such as: smoking, alcohol use, exercise, nutrition and infant care.

According to the EOCCO incentive progress reports, Union County is not meeting some of the incentive measure targets for maternal health and children’s oral health. The LCAC would like to understand and identify issues with the data and evaluation system to better use the information when developing strategies for access to services and health equity.

**Measurement (When and who will do the work):** The LCAC will be reviewing specific measures and local data to understand how systems impact health care. The LCAC will partner with the EOCCO to measure progress.

**Goals:**

- Decrease the number of low birth weights.
- Decrease tobacco use in pregnant women living in Union County.
- Review systems barriers that prevent women from receiving care.
- Build on existing partnerships for maternal health.
- Understand OHA Incentive measures around maternal health and childhood oral health.

**Objectives:**

- Community Health Improvement**  
Continued partnerships with Advantage Dental, schools, Head Start, medical providers and Public Health to increase the number of opportunities for parent education around oral health for pregnant women and their children.
- Support community activities and events that promote wellness and health education, particularly oral health for children 0-5 years old.
- Incentive Measure Improvement**  
Work with EOCCO to receive data and information about maternal health. Providers may have access to information that could track work being done; patterns of contraception use in the community, or identify patients to engage in services. Also explore potential barriers to accurate reporting or how the tracking/ measurement system may have flaws. Provide advisory information to the Regional Community Advisory Council (RCAC) and EOCCO Board.
- Review OHA Incentive measures performance rates when available.  
At the Regional Community Advisory Council level, review intra-regional data and information to know how other counties served by the EOCCO are doing. Discover health trends and differences in health outcomes across the region. Use the information in addressing barriers to service and when developing solutions.
- Tracking and evaluating

**Budget Needed:**

Current strategies have no additional cost beyond staff time.

**Priority Issue:**

**Trauma informed care/Adverse Childhood Experiences**

**Problem to be solved:**

Trauma can have a profound effect on the neurological, biological, psychological and social aspects of a person's being. Research has shown that trauma is a near universal experience for people having behavioral health problems. Clinicians, medical providers and entire organizations can be supportive by taking a thoughtful and active approach while engaging and supporting people with a history of trauma.

**Measurement (When and who will do the work):** The LCAC will send out a survey to LCAC members and community partners to identify training needs in the community and then work together to develop a collaborative training plan. The LCAC will support community events on trauma informed care by sharing information on upcoming events with the community.

**Goals:**

The LCAC would like to support Union County in becoming a trauma- informed community. The LCAC will partner with the Education Service District (ESD) to work together in developing supports to assist schools, providers and organizations in becoming more informed about trauma and adverse childhood experiences (ACES).

**Objectives:**

**Community Health Improvement**

Create learning communities and trainings.  
Conduct environmental assessments for service providers.  
Partner with the Education Service District to understand what work the education system is doing around trauma -informed care and identify areas to collaborate.  
LCAC members will spend meeting time sharing information on upcoming events, success stories and ways to partner. Challenge Day is one event example.

**Budget Needed:**

\$10,000 or sponsorships for trainings such as Mental Health First Aid for Youth or trauma informed care. Funding could also be used to help support community events such as a public showing of Paper Tigers.

**Current EOCCO resources for 2016:**

**LCAC Incentive Funds project-** Rides to Wellness. Transportation program that provides transportation to medical and behavioral health appointments.  
**Transformation Grant-** Grande Ronde Hospital. Hospital program that provides Community Health Worker support for patients.  
**Transformation Grant-** Union County Sheriff's Dept. Peer support project.  
**EOCCO Community Health Worker Billing Policy and Guidelines-** Community Health Workers who meet the criteria for billing are able to bill the EOCCO for services.