

A3 - WC-LCAC Phys Fest 2016

Navigator Welcome

Navigator: Meets students/parents in the lobby of MOB and directs them to the reception area of their PCP.

Student: Will give the receptionist their sports physical form

Reception Staff: Schedule Px or arrange for completion of form:

3 Options:

- If Px UTD (within last year) PCP will do short exam and fill out form
- If student/parent desire Px the evening of Phys Fest, staff to arrange Waiting list for each provider with plan for call-back when ready and form to be completed at visit
- If student/parent desire to do Px with PCP at separate time this will be scheduled. Need to complete this before end of August (form to be completed at visit)

Passport to Health

Reception Staff: give the students

- Empty Phys Fest gift bag
- Map of Stations
- Empty Passport to Health

Reception Staff: Instruct the student/parents to to to each station and get Passport to Health stamped

Student/parent: Bring completed Passport to Health back to PCP reception desk for \$25 gift card.

Screening/Education Stations/Lobby

**Station 1 - Dental Screening

Student/parent: receives copy of screening form.
NEON: copy of screening form for statistical purposes
EOCCO: copy of screening form
PCP/DCP: receives a copy of their patients' screening forms.

**Station 2 - TEEN Screen (*MOB Conference Room)

Student/parent: attend station together fill out same screen with room divided in ½. Screens go into plain manilla envelopes with only PCP on outside.
Navigator: Take envelopes to appropriate PCP for review
Crisis Card available to allow teens way to ask for help confidentially. Use Crisis office for urgent visits

**Station 3 - Immunizations Hosted by WC Health Dept/Kathy Siebe

Station Staff:

- Run Immunization Alert and print copy for each student/parents
- 2nd copy for PCP highlighting recommended immunizations.
- Immunizations to be given at Px visit with PCP

Information on Immunizations for pre-teens/teens and parents

Station 4 - Community/Youth Outreach

Station Staff: Highlight local opportunities for youth in the county.

Possible Sponsors:

- Josephy Center
- Wallowa Valley Music Alliance
- Wallowology
- Wallowa Resources
- Supported Employment
- Fishtrap
- Safe Harbors
- Youth Groups
- Mentoring Opportunities

Station 5 - Outreach/Enrollment

Station Staff: Ensure all youth/parents that are at the event have health insurance. Assist them with applying, answer questions about costs and accessing health system.
Bev Hayward - WMH
Amber Fritz - WWMC
Vixen Radford - NEON

Station 6 - Family Support

Station Staff: Highlight local resources for families.

BHF (Parent Cafe) & WVCW Hosts

Station 7 - Blue Zone

Station Staff: Educate parents/youth about Blue Zone concepts (Power 9) and get them engaging in healthy behaviors in addition to participating in community wide Blue Zone efforts.

Teen Focus:

- Bike Helets
- Horse Helmets
- Seat Belts
- Sleep Habits

Margaret Lamb, Erica & Ken Rose - WMH
Janet Graham - WWMC BH Coach
Erica Kite - WWMC CHW
Brittany Shelton - WWMC Blue Team/Wellness Coordinator

Station 8 - Physical Therapy (*PT Gym)

Station Staff: Anticipatory guidance (for injury prevention), rehab/strengthening advice for any current musculoskeletal question/concerns.

Pre-participation baseline screens for concussions if desired by youth/parents.

Station 9 - School Resources

Station Staff: Opportunity for schools to participate in "their" night to highlight resources and opportunities to students.

HealthFest Stations Map

