



eocco

EASTERN OREGON
COORDINATED CARE
ORGANIZATION

January THW Monthly Newsletter

Welcome to the New Year!

In this issue:

- EOCCO Updates
- Community Opportunities
- Meetings
- Training Opportunities
- THW Spotlight

EOCCO Updates

Annual THW Utilization Survey

EOCCO is collecting data for our 2023 Integration and Utilization Report. We need data from all THWs serving EOCCO, including you! If you have not yet filled out the annual survey, please do so now:

- [CHW Survey](#)
- [Doula Survey](#)

NEW! EOCCO's Community Resource Guide (EOCRG) | [Access here](#)

The EOCRG was developed to support health care providers, community partners, and EOCCO members in identifying food, housing, and transportation resources that exist in their county. Needs related to food, housing, and transportation are the most prevalent social needs among Oregon Health Plan (OHP) members in Eastern Oregon, and across the state of Oregon. THWs can use this guide to look up and refer members to county-level resources.

NEW! Birth Doula Training Application

Open until Feb. 26, or filled | [Apply here](#)

EOCCO is recruiting its first Birth Doula Cohort and applications to the training are now available. Applications are reviewed on a rolling basis or until filled, with final

admission decision made on February 26th. Training occurs March to April with a blended format. See "Training" section below for more information.

To learn about the program, [register for a Lunch and Learn session](#):

- Jan. 17 | 12 p.m. - 1 p.m. PST
- Jan. 31 | 12 p.m. - 1 p.m. PST
- Feb. 14 | 12 p.m. - 1 p.m. PST
- Feb. 22 | 12 p.m. - 1 p.m. PST

NEW! Personal Health Navigator Certification Information Session

January 18th | 10:30 am PST | [Register here](#)

EOCCO is supporting qualified individuals who want to become an OHA-certified Personal Health Navigator (PHN) through the Legacy Clause. A PHN is an individual who provides information, assistance, tools and support to enable a patient to make the best health care decisions.

If you have worked in a similar role as a PHN for at least 3000 hours between 2004 and 2025, you may be eligible to be certified at no cost! For information and to start your application, please email THW@eoocco.com or attend the information session.

Community Opportunities

OHSU Rural Health Needs Interview

Live in Eastern Oregon? OHSU's School of Public Health is conducting interviews to learn how OHSU can meet the health-related needs of rural regions in Oregon. Please share with your community and clients. Participants receive \$25. To sign up, email arnoldbr@ohsu.edu.

[CDC Project Firstline "Mico-Learns"](#)

Free infection trainings by the CDC to learn about infection control concepts and actions to stop the spread of germs. Available to healthcare professionals and patients. Provides printable resources for professionals to use with members.

[Rural Business Development Grant](#)

This opportunity supports small and emerging private businesses to start or expand. Funds can be used for a variety of purposes. Applications are open year-round.

[Eastern Oregon Coordinated Care Organization Psychology Scholarship](#)

This scholarship is intended to support students who are pursuing degrees in Clinical Mental Health Counseling or Social Work who wish to go on with a career in one of the following counties: Baker, Gilliam, Grant, Harney, Lake, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa and Wheeler. **Applications due Feb. 2, 2024.**

Meetings

EOCCO Meetings

THW Monthly Collaborative

January 8th | 10 a.m. - 11 a.m. PST | [Register here](#)

EOCCO wants to provide a space for THWs to connect with each other, collaborate on ideas, share experiences, and ask and answer questions. The THW Liaison, Hannah Briggs, will host these meetings, providing an opportunity to build community while offering updates on all things THWs and EOCCO. For questions, presentations, or ideas, email THW@eoocco.com.

Collaborative meetings are scheduled for 10 - 11 AM PST on the second Tuesday of every month.



YOU'RE INVITED!

THW Monthly Collaborative Meetings

- Connect with other THWs
- Meet EOCCO's THW Liaison
- Build community
- Share experiences
- Learn about updates, opportunities, & programs

Sign up here:



Meetings held over Zoom
10 AM second Mondays of the month

THW@eoocco.com | +1 503 - 952 - 4995

Lunch and Learn: Birth Doula Cohort Webinar

Scheduled dates below | [Register here](#)

Are you interested in joining EOCCO's inaugural Birth Doula Program cohort? Attend this webinar to learn about the application, program requirements, certification, and birth doula life in Eastern Oregon!

Meetings are scheduled for:

- Jan. 17 | 12 p.m. - 1 p.m. PST
- Jan. 31 | 12 p.m. - 1 p.m. PST
- Feb. 14 | 12 p.m. - 1 p.m. PST
- Feb. 22 | 12 p.m. - 1 p.m. PST

Training Opportunities

Featured Trainings

NEW! EOCCO Birth Doula Training

Free | March 1 - April 23 | Blended | [Apply here](#)

EOCCO is offering its inaugural Birth Doula training program that will take place in March and April. Trainees will complete a 60-hour OHA-approved Birth Doula course and 10-hour EOCCO 101 meeting series to meet training requirements to become an OHA-certified Doula. Course content will be delivered online, virtually, and in-person (in Hermiston, OR).

Students are expected to spend 5-10 hours a week on course material. Trainees must attend all virtual and in-person trainings to complete the program:

Virtual sessions (Tuesdays)

- March 5, 12, 19 | 4-5 pm PST
- April 2, 9, 16, 23 | 4-5pm PST

In-person sessions (Hermiston, OR)

- April 19, 20 | 8:30am - 6:30pm PST
- April 21 | 8:30am - 4:30pm PST

Attend an information session or follow the link to the application for more information about the program. Further questions can be directed to THW@eocco.com.

NEW! Certified Rural Health Clinic Professional

ORH is offering the opportunity to obtain the nationally recognized Certified Rural Health Clinic Professional at no cost to select participants working in Rural Health Clinics. Course work starts February 12 and requires 15-20 hours of learning before taking a proctored final exam. The final exam is scheduled for April 22-26.

To apply for this opportunity, please email Rondyann Gerst, gerst@ohsu.edu, your answers to the questions below by Wednesday, Jan. 3, 2024, at 5 p.m. PT. Awardees will be notified by Jan. 5, 2024.

1. What is your name and position at your RHC?
2. The full name and address of your facility and clinic.
3. Is your RHC a member or non-member of NARHC?

4. How long have you worked in an RHC?

5. Why do you want to become a Certified Rural Health Clinic Professional?

6. This course takes approximately 30 hours, six to eight weeks, AND a Final Exam. Please agree to complete the course and an ORH survey.

End-of-Life Doula Training

Feb. 13 - April 16, 2024 | Virtual | Free | [Apply here](#)

Hosted by Peaceful Presence, participants will learn the doula model of care, network, and cultivate a plan for providing support in their home communities. This course requires 6-10 hours of your time per week, including self-study time and Zoom meetings. Please note, this is not an OHA-approved THW type. No OHA-recognized certification is given, but this is still a valuable and necessary training!

Featured Continuing Education

NEW! Compassion Fatigue and Addictions

January 29 | Virtual | \$25 | [Register Here](#)

This 3-hour online training will help individuals gain an understanding of the similarities and differences between burnout, compassion fatigue, and moral distress, and how these pertain to addiction. 3 CEUs.

Palliative Care for CHWs

Jan. 8 - Feb. 12, 2024 | Virtual | \$50 | [Register Here](#)

This palliative care continuing education course provides a skillset and knowledge base that can improve the quality of life for patients with serious illness. 12 CEUs.

Other Trainings

For more training and CEU opportunities, follow [this link](#) to an updated Google Sheet. If you have or know of training opportunities you'd like to see, please email THW@eocco.com.

THW Spotlight



This month's THW spotlight is on Cheristy Anderson. Cheristy is a Peer Support Specialist and Peer Wellness Specialist. She works as the Behavioral Health Community Liaison for Greater Oregon Behavioral Health, Inc (GOBHI).

Cheristy works to support peer support staff and supervisors throughout Eastern Oregon. You may have already worked with her if you're a peer, too!

To be featured on the THW Spotlight, submit your story. We want to hear about your accomplishments and successes, and feature you next month.

Submit your THW Spotlight here!

If there is something you would like to see in our Monthly THW Newsletter, please reach out to the THW Liaison by email at THW@eocco.com or by phone at (503) 952-4995. TTY users, call 711.



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