

March THW Monthly Newsletter

Although the groundhog predicted six more weeks of winter, this month's newsletter provides ample opportunity to spring into events, resources, and community engagement!

March is filled with a variety of health-related observances. EOCCO has resources for each, linked below:

- National Nutrition Month | <u>HRSN Nutrition</u> & <u>Frontier Veggie Rx</u>
- National Kidney Month | <u>HRSN Nutrition</u> & <u>Member Benefits</u>
- National Brain Injury Awareness Month | ODHS Brain Injury Program
- National Endometriosis Awareness Month | Doula support

Take a moment to explore these highlights and discover effective ways to support members who are engaging in related positive behaviors.

EOCCO Updates

REMINDER! Refer Members to a Birth Doula | Make a referral

If you're working with a pregnant EOCCO member who wants additional support throughout the pregnancy, labor, and postpartum process, refer them to one of our birth doulas! The member will be matched to a doula in their area within four weeks of referral.

NEW! Member Social Needs Screening Referral Form | Access the screener

EOCCO has developed a user-friendly social needs screening form for members, enabling them to easily complete and submit an assessment. After submission, an EOCCO staff member will promptly reach out to offer support, assistance, and resource connection.

NEW! THW Training Suggestions | Suggest a training

Is there a training you wish you had as a THW, or one that could benefit your organization or community? Or a CEU opportunity you'd like to see offered? Let EOCCO know! The new THW CEU Suggestions form allows EOCCO to hear directly from THWs and work on developing needed support.

LAST CALL! EOCCO Community Benefit Initiative Reinvestment (CBIR) Grant

Open January 31- March 31, 2025 | Learn more

The Community Benefit Initiative Reinvestment (CBIR) grants fund one-year long projects that aim to improve access to quality care. Applicants may apply for up to \$50,000 and must be able to demonstrate how EOCCO members directly benefit.

LAST CALL! EOCCO Supporting Health for All through Reinvestment (SHARE) Grant

Open January 31- March 28, 2025 | Learn more

The SHARE application is designed to provide funding to projects addressing Social Determinants of Health and Equity (SDOH-E). SDOH-E projects include housing, transportation, food, utilities, safety, education, and community health beyond clinic walls. Funding ranges from \$15,000-\$250,000.

EOCCO THW Resource Directory | <u>Access the directory</u>

EOCCO is creating a workspace for THWs to share resources, CBOs, clinics, and other organizations who support/serve EOCCO member and/or support THWs. Add your resources to the directory now to support other THWs and access additional resources!

EOCCO THW Directory | Access the directory

EOCCO is creating an up-to-date directory with the THWs who work with EOCCO and/or in Eastern Oregon. Add your information to the directory now to connect with THWs and send/receive referrals and resources more easily!

EOCCO "Traditional Health Workers" program available on Unite Us for referrals

EOCCO has created a THW program, which is now accepting referrals for birth doulas on Unite Us. EOCCO has already onboarded 11 doulas ready to receive client referrals! All THWs are welcome to join and receive/send referrals to this program. Email THW@eocco.com with questions or with interest to join.

Recruitment for the EOCCO THW Workforce Committee | Apply here

Want to help shape the future of THW work in Eastern Oregon? Join EOCCO's THW Workforce Committee to give your perspective and feedback, review/propose materials, and contribute to innovative project! The committee will be filled with THWs, community partners, and clinics. Meetings will take place monthly-- apply now!

Ongoing Opportunities

- Join EOCCO's Searchable Provider Registry | Join here
- Onboard onto Unite Us | email THW@eocco.com
- Personal Health Navigator Certification (Legacy Clause) | email <u>THW@eocco.com</u>

Resources

<u>Flyers</u>

English

- Birth Doula Flyer, providers
- Birth Doula Flyer, members
- Birth Doula Referral Form, providers/members
- CHW Flyer, members
- THW Flyer, members
- THW Satisfaction Survey, link for members
- THW Satisfaction Survey postcard, for members

Spanish

- Birth Doula Flyer, providers
- Birth Doula Flyer, members
- CHW Flyer, members
- THW Satisfaction Survey postcard, members

THW Guides

- EOCCO THW Quick-Start and Billing Guide
- EOCCO's Community Resource Guide
- Become an EOCCO DMAP Provider

Community Updates

NEW! 2025 Oregon Rural Health Conference

\$399 | Oct 1 - Oct 3 | Bend, OR | Register here

The Conference is the largest gathering in Oregon dedicated to sharing information and showcasing innovative approaches to health and the delivery of health care in rural and remote communities in Oregon. The Conference brings together health care leaders from across the spectrum to share ideas and strategies.

The Oregon Office of Rural Health (ORH) is now accepting proposals for the 42nd Annual Oregon Rural Health Conference! The conference is looking for a variety of rural health topics and speakers. See more at this <u>link</u>.

NEW! Healthcare Workforce Equity Conference

Free | May 22 | Salem, OR | Register here

Healthcare Workforce Equity Conference is focused on strengthening the healthcare workforce through collaboration, diversity, and equity. This conference is for individuals and organizations dedicated to improving workforce development and fostering a diverse and inclusive healthcare workforce.

NEW! Oregon Office of Rural Health Policy Updates | Register here

ORH is hosting hour-long, bi-weekly policy updates to keep attendees up to date on all things health policy. Speakers will share important state and federal policy changes impacting rural communities and answer questions about their implications on your work and organization; stay updated by joining these regular sessions.

NEW! CCO Procurement THW Community Engagement Session

The Oregon Health Authority is preparing for the upcoming procurement process for CCOs and is seeking valuable input from the community to ensure that traditional health worker priorities of OHA align with the needs of Oregonians. THW insights will assist in the areas to guide procurement priorities and ensure community input is forefront. Register for a listening session below:

- March 18th, 4-6pm PST
- March 24th, 1-3pm PST

NEW! CPOP Health System Navigation Grant | Learn more here

The Community Partner Outreach Program (CPOP) welcomes organizations to apply for the open competitive Outreach, Enrollment and System Navigation grant. Organizations can apply though the State of Oregon procurement system (OregonBuys). The Request for Grant Proposal (RFGP) will be open for 60 days. If selected, grants will run from July 1, 2025, through June 30, 2027.

Rural Population Health Incubator Grant Program | Learn more here

This unique funding opportunity supports rural hospitals, clinics, public health agencies and CBOs in Oregon that are working to improve population health and health equity in their communities. The grant provides up to \$10,000 in funding to innovative programs that address pressing community health needs and bolster population health and health equity in rural communities.

2025 THW Legislative Updates

Oregon's 2025 Regular Legislative Session is in full swing, and there's a handful of THW-related bills preparing to be introduced and voted on. This includes:

- All THWs: SB 161, SB 529, SB 695
- CHWs: HB 2216, HB 2751
- Doulas: SB 690 (momnibus), SB 692, SB 693, SB 691 & SB 695
- Peers: HB 2954, SB 691

To track these bills, provide public comment, and get involved, visit the <u>Oregon</u> <u>State Legislature</u>.

For information on the Oregon Legislative Process and how you can get involved, watch CLHO's overview at https://www.youtube.com/watch?v=LWe8RHZhJL0 (start at 23:23).

Rural Health Resource Hub | Access here

The Oregon Office of Rural Health has created a Rural Health Resource hub for THWs and providers to easily gather information and resources to events,

education, funding, and technical assistance across Oregon.

Meetings

NEW! EOCCO QI Team Office Hours

Monthly | 11am - 12pm PST | Virtual | Register here

Come hang with the EOCCO Quality Improvement Team and meet other clinical partners from across Eastern Oregon! EOCCO is hosting a series of office hours to support our clinical partners in impacting CCO Incentive measure performance and meeting state/EOCCO reporting requirements. Topics vary monthly. All are welcome to come learn, share their experiences, and build community.

NEW! SHARE Grant TA Webinars

Thinking about applying to SHARE funds? Join EOCCO's Grant Team to understand the 2025 SHARE cycle, applications, and important dates. Get your questions answered and 1:1 assistance with your application. All applicants are required to attend a webinar or receive 1:1 TA. Register below:

- March 5th, 12-1pm PST
- March 14th, 2-3pm PST

NEW! CBIR Grant TA Webinar

Want to learn more about how to apply the CBIR grant? Join EOCCO's Grant Team to understand the 2025 CBIR New Ideas cycle, applications, and important dates. Get your questions answered and 1:1 assistance with your application. All applicants are required to attend a webinar or receive 1:1 TA. Register below:

March 18th, 12-1pm PST

THIS MONTH! EOCCO THW Collaborative

3/20, 5/15, 7/17, 9/18, 11/20 | Third Thursday @ 11am PST | Register here
Join the redesigned THW Collaboratives! These meetings have been revamped and changed to a bi-monthly cadence to better suit the needs of you. New meetings will discuss real experiences THWs would like to work through and provide opportunity for feedback. Join our growing group and be in the know everything EOCCO!

Submit a case study to discuss <u>here</u>

Training Opportunities

<u>Featured Foundational Trainings</u> **NEW!** Benton County Core CHW Training

Free | April 15 - May 22 | Virtual | Apply here

The CORE CHW Training will prepare CHWs to work in a community-based setting assisting clients with navigating social service and health systems. This training is six weeks long, with full days of training Tuesday and Thursdays. The sixth week will include an all-day Wednesday session. 90.75-hour OHA-approved Core Curriculum and Oral Health component required for CHW certification by OHA.

NEW! Columbia Gorge Council Community Health Worker Training

\$1500/scholarships | April 17 - August 22 | Virtual | Apply here

NEON and the Columbia Gorge Council are providing a 20-session OHA-approved CHW training that meets for 4.25 hour sessions every other Thursday and Friday morning. Participants will gain a big-picture understanding of community and public health and the ways you can have a positive impact on individual, family, and community health and wellness. Must apply for scholarship by March 14.

NEW! Peer Support Specialist/Certified Recovery Mentor Training

\$350 | April 9 - 11 | Virtual | Register here

Peer Recovery Solutions is offering a 3-day, virtual OHA-approved PSS- Adult Addictions. This class is approved for Adult Addictions Peer Support Specialist. To become certified you need to identify as a person with lived addiction experience. If you do not have lived experience, you can still take the class and receive credit.

NEW! Personal Health Navigator Training

Free | Virtual | Apply here

OHA's first approved PHN training is here! Oregon Home Care Commission's 70-hour, virtual PHN training provides a pathway to THW certification. Anyone is welcome to apply for current and future trainings. Training schedule TBA.

Oregon State University Health Care Interpreter (HCI) Training

\$1150/\$805 | April 7 - June 15 | Hybrid (online & Ontario, OR) | Register here OSU's 9-week interpreter training program is designed to prepare bilingual staff to meet Oregon Health Authority (OHA) requirements and become Qualified Health Care Interpreters. By equipping your team with professional interpreting skills, you position your clinic as a leader in equitable care while complying with nationally recognized standards. Must provide proficiency test results or take proficiency test through OSU before enrollment.

Central Oregon Community College Community Health Worker Training

\$842/Free | April 11-June 6 | Hybrid | Learn more here

Become a CHW through COCC's hybrid Spring training program (in person sessions in Prineville). Learn the foundations of patient education and facilitation, relationship building, case management, public health essentials, and more! Scholarships are available for those who are enrolled in the class and full participation in the training.

Featured Continuing Education

NEW! EOCCO & NEON's THW Billing Training

Free | March 13, 10-11:30am PST | Virtual | Register here

This hands-on session provides valuable time with EOCCO experts who will guide you through the life of a claim, explain billing requirements, and offer step-by-step instructions for maximizing reimbursement. Plus, you'll have the chance to get your specific questions answered by professionals and gain access to exclusive CCO resources. 1.5 CEUs. Only 25 spots available!

NEW! THW Cancer Education and Support

Free | April 16, 6-7:30pm PST | Virtual | Register here

Join OHSU to learn about protective and risk factors associated with cancer, essential communication skills for working with community and cancer patients, and the role of THWs in cancer awareness and care. THWs who attend will receive a stipend for their participation. 1.5 CEUs.

NEW! CHW Train-the-Trainer

Free | April - August 2025 | Apply here

NEON, in partnership with CLHO, is offering a train-the-trainer program for CHWs. This course aims to equip individuals with the necessary skills to successfully facilitate a CHW training program, with the goal of increasing training opportunities across the state. This 10-session (33 credit hours), virtual program is eligible for 33 CHW CEUs. Students will be expected to actively participate in all sessions and complete assignments in a timely and professional manner.

NEW! Poverty and Related Social Determinants of Health

\$200/\$145 | April 28 - May 25 | Online | Register here

OSU's course is designed for current CHWs and will help you in your critical work with low-income populations. In this course, you will investigate the multiple links between poverty, race, ethnicity and trauma with healthcare. You will also look at evidence-based approaches that you can implement as a CHW to improve health equity for disadvantaged and low-income populations. 15 CEUs.

NEW! Take Care of Yourself: Getting Started

\$15 | March 6 | Virtual | Register here

A 90-minute (1.5 CEUs) online introductory workshop about compassion fatigue, how it differs from burnout, and the roles of both the workplace and the worker in addressing it.

NEW! Supervising for Resilience

\$800/\$80 | April 9 - September 24 | Virtual | Register here

A 6-month, 30-hour training and coaching series for those who hire, lead, and manage frontline staff. It will provide practical skills and tools and will result in a happier, healthier, more effective and stable workforce.

Other Trainings & Continuing Education

For more training and CEU opportunities, follow this link to an updated Google Sheet. If you know of training opportunities you'd like to see in the sheet, please

Good news

JoDee Sharp, a dedicated THW doula, CHW, and PHN, has been honored with Good Shepherd Health Care System's Employee of the Year award! JoDee has been an invaluable asset to the Connexions Program, where she works tirelessly to foster collaboration across departments and within the community. Through her efforts, JoDee provides exceptional support to EOCCO members, connecting them with vital resources and services.

Congratulations, JoDee, on this well-deserved recognition!

To learn more about the Connexions Program, a dynamic team of THWs working together to make a difference, visit ConneXions | Good Shepherd Health Care System.

Have good news, a success story or want to be featured for your work?

Submit your Good News here!

If there is something you would like to see in our monthly THW Newsletter, please reach out to the THW Liaison by email at THW@eocco.com or by phone at (503) 952-4995. TTY users, call 711.





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